

APPROVED 11-08-05
KING COUNTY MENTAL HEALTH ADVISORY BOARD
RETREAT
TUESDAY, OCTOBER 11, 2005
EXCHANGE BUILDING CONFERENCE ROOM 6A

Members Present: Nancy Dow-Witherbee (nominee), Helen Nilon, James Nobles, Eleanor Owen, Allan Panitch, Eugene Wan, Gwendolyn Williams

Members Absent: Ron Sterling (excused), Melody Cecilia James (excused)

Staff Present: Rhoda Naguit, Jean Robertson, Liz Gilbert, Barbara Vannatter

In lieu of Board Chair Ron Sterling who was out of the country, Vice Chair Eleanor Owen convened the Mental Health Advisory Board Retreat at 4:34 p.m.

I. APPROVAL OF MINUTES

Jim Nobles made a motion which was seconded by Helen Nilon to approve the September 13, 2005 minutes as submitted. The motion passed unanimously.

II. Updated orientation packet

Jean Robertson walked the board through the updated orientation materials.

Under Section 1, the document containing **Integrated Services** has been updated to reflect the current twelve integrated services provided by the Division. Jean explained each item.

Jean also informed the board that with the changes in the Community Mental Health Services Act (RCW 71.24) by the 2005 Legislature in ESSHB 1290 and E2SSB 5763, RSNs are now required to submit an RFQ by December 1, 2005 to continue to its operation.

The board gave the following input and comments:

- Allan Panitch suggested presenting an in depth analysis of the twelve integrated services at the monthly board meetings.
- A question was asked if Pioneer Human Services is the same organization as Pioneer Industries. Not so sure if that is the case. Jean will confirm this at the next board meeting.
- On the wrap-around services, a question was asked about the number of families that have been trained in wraparound principles and practices. Jean

will confirm the exact number of families trained from the staff in charge of this training and will pass this on to the board at next month's board meeting.

- The board is also interested to know the difference between wrap-around services and the children's interagency staffing team. Barbara Vannatter will be scheduled to do a presentation on this topic at one of the board meetings.
- The Board would like information about other federal legislation that impacts the system.
- The board will develop a 2006 board work plan to incorporate the monthly presentation of each of the MHCADSD integrated services and a presentation on wrap-around services.

Jean stated that all RSNs have a governing board comprised of representatives from the counties within the RSN. For King County, the Council is the governing board and the Mental Health Advisory Board is the county's advisory board. There have been significant changes in the composition and involvement of citizens' advisory board over the years. The board's role was changed from administrative to advisory. Jean then explained the difference between staff work and board work. Discussion followed.

- Under "Allocation of Resources," the Board asked that they be given an opportunity to review and provide recommendations on the annual budget before it is transmitted to the County Council. They asked if they could have a copy of the proposed budget as early as April. Jean stated that April is not feasible because the budget proposal is not prepared that early in the year. Jean expressed concern about releasing the budget before it is a public document so will need to do some research about what should be brought before the Board and when that can happen.
- Under "Vendor Selection," the board inquired if ombuds service will be put out as an RFP. Jean responded that it is under consideration. An RFP would be administered by the King County Procurement and Contract Services Office. The Board would like to be notified when an RFP is issued. There was also a request for information about procurement processes.
- Under "Public Information," there was a discussion on how to increase the board's visibility in the community and how to increase public participation in lobbying for the mental health system. Several suggestions were brought up which include developing articles for small newspapers throughout the county, advertising through Public Utilities Department (PUD) or through Channel 9, and rotating meeting sites to locations throughout the county to increase participation from those who would not attend downtown meetings.
- Eleanor Owen asked for a definition of "quality of care." What is the difference between quality care and quality of care? Staff present suggested some generally accepted language describing quality of care. Eugene Wan suggested that Eleanor provides the definition of "quality of care" and submit it to the board at the next meeting for input.

Action: Eleanor Owen made a motion that was seconded by Eugene Wan for the board to review the annual budget before it is transmitted to the County Council, to notify the board before putting out an RFP and to have a broader distribution of the RFP and for the board to do more community outreach, outside of mental health for more visibility in the community. The motion was passed unanimously.

Under Section 2, the **Role of the King County Mental Health Advisory Board**, the following comments and changes were made:

- Allan Panitch noted a minor correction on item #4b – change “health” to “illness.” It should read – “provide leadership in destigmatizing mental illness.”
- Eleanor Owen’s requested amending Item 2a for clarity. It should read: “Monitor and ensure access to quality, comprehensive, culturally competent and language-appropriate mental health services for adults and children including the Quarterly Report.”

Jean informed the board that the Division will update the Mental Health Policies and Procedures next year. If any board member is interested in being involved in the development of this document, contact Jean Robertson.

Section 3 contains the 2005 Board Roster and the 2005 Board and Committee Assignments. No discussion or feedback on this section.

Section 4 has a list of Agency/Consumer-Operated Programs Liaison Assignments which was passed around for Board members present to sign up for one or more agency liaison assignments. The board members present signed up for the following agency liaison assignments:

- Eugene Wan – Community Psychiatric Clinic
- Helen Nilon – Evergreen Healthcare, Seattle Mental Health
- Eleanor Owen – Highline-West Seattle Mental Health Center, Western State Hospital
- Allan Panitch – Harborview Mental Health Services, Mental Health Court
- James Nobles – Mental Health Court
- Nancy Witherbee – Harborview Mental Health Services
- Gwendolyn Williams – Therapeutic Health Services – Seneca Branch

The following board members also signed up for committee assignments:

- Eleanor Owen – Recovery Initiative Committee (Chair), Legislative Advocacy and Public Affairs Committee
- Helen Nilon – Quality Council (Chair), Partnership

Helen Nilon recommended sending a letter of introduction for board members as liaison to Mental Health providers addressed to Agency CEOs and board chairs to be signed by Amnon Shoenfeld, MHCADSD Director, and Ron Sterling, Mental Health Advisory Board Chair.

ACTION: Jim Nobles made a motion, which was seconded by Helen Nilon to approve the sending of a letter of introduction for board members as liaison to Agency CEOs and board chairs coming from Amnon Shoenfeld, MHCADSD Director, and Ron Sterling, MHAB Chair. The motion was passed unanimously.

Section 5 which contains the King County Councilmembers page will be updated after the November 2005 election.

Section 5 also contains the department and the division org charts. Jean walked the board through the documents. Several corrections were noted. Revised copy of the org charts will be provided at next month's board meeting. In addition to the org chart, the board asked for a job description for each MHCADSD section head, for mental health staff only.

Section 6 contains the 2005 King County MHCADSD Provider Network. No discussion or feedback from this section.

Section 7 is focused budget cycles, process and procedures. Jean presented an updated funding flow for the calendar year 2005. The document shows the source of funding and the amount spent for services from the Mental Health Annual Budget of \$100.9M. A question was asked as to where the Division gets the payment for liquidated damages. Jean stated that this is withheld from the State funding.

Copies of the Policy and Funding Flow were distributed. Jean stated that there are sets of rules on what and for whom the money can be spent on federal, state, and King County RSN levels. The Medicaid and non-Medicaid dollars can no longer be mixed in one pot. The Federal Block Grant is also governed by federal rule. Under the RSN level, it shows how the Division manages the programs. The County designates which program will be supported by the county. Jean also identified the three priorities identified by the legislature to be funded with state funds in 2006 fiscal year: ITA, Crisis Services and E & T facilities. She noted that "Other Programs" pertain to IS staff paid with dedicated funding.

A question was asked whether there is a designated column for immigrants. The answer was "No," because the funding is allocated by agency for each agency to determine for whom to seek authorization for services.

III. Review of Robert's Rules of Order

This item is tabled for future discussion.

There being no further business, the retreat was adjourned at 7:35 p.m.

Prepared by:

Attested by:

Rhoda A. Naguit
Recording Secretary

Eleanor Owen
Vice Chair